**Basic Pointers**

**Purposes:**

 **Screening**

 **Demographics**

**Eliciting the Story, Opening the**

 **Unconscious & Memory Bank**

 **Warm Up**

 **Present Tense**

 **Questions, prompts**

**Avoid theoretical, academic**

 **language**

 **“Think of a time….”**

 **“Tell me about a time….”**

 **Qualities of effective qualitative interviews**

 **Rich description, Voice**

 **Authenticity, Resonance**

 **Interviewer stance**

 **Bracket, practice, clarify role**

 **Exepect emotions, journal**

Ver, J.M. Transpersonal Creativity: the alchemy of indgenous art and craft.





Anding, J. M. Opting in: the experiences, pathways, and meaning of successful, professional, generational X women making intentional career transitions

Demographic Questions

• Date of Birth

• Birthplace

• Ethnicity

• Education

• First-Generation College Student

• Relationship Status

Children

• Siblings

• Primary Breadwinner Status

First Structured Interview

Describe your experience of making an intentional decision to exit your

upwardly mobile career path.

• Describe what a typical day was like for you during this time. Walk me

through your day. Does anything stand out in your mind about what was

happening for you internally during this time?

• Describe ways in which your cultural worldviews influenced you during this

time.

• Describe ways in which your societal worldviews helped or hindered you

during this time.

• Is there anything else you'd like to share with me about this particular time in

your life?

Second Structured Interview

As you reflect back on that time, how do you currently make meaning of the

experience?

• Describe how the experience of leaving an upwardly mobile career path has

impacted other aspects of your life.

• Describe in what ways, if any, you feel you were transformed by this experience.

• In what ways have your cultural worldviews been impacted by your transition?

• In what ways have your societal worldviews been impacted by your transition?

How do you live your life different today as a result of your experience making

this career transition?

• Are there any final thoughts that you'd like to share about your experience?

Lanier, M. H. Experiencing isolation: professional African American 

Jensen, L. M. Working and fathering: cultural and experiential implications for personal growth and learning







