



COURAGE STRENGTH

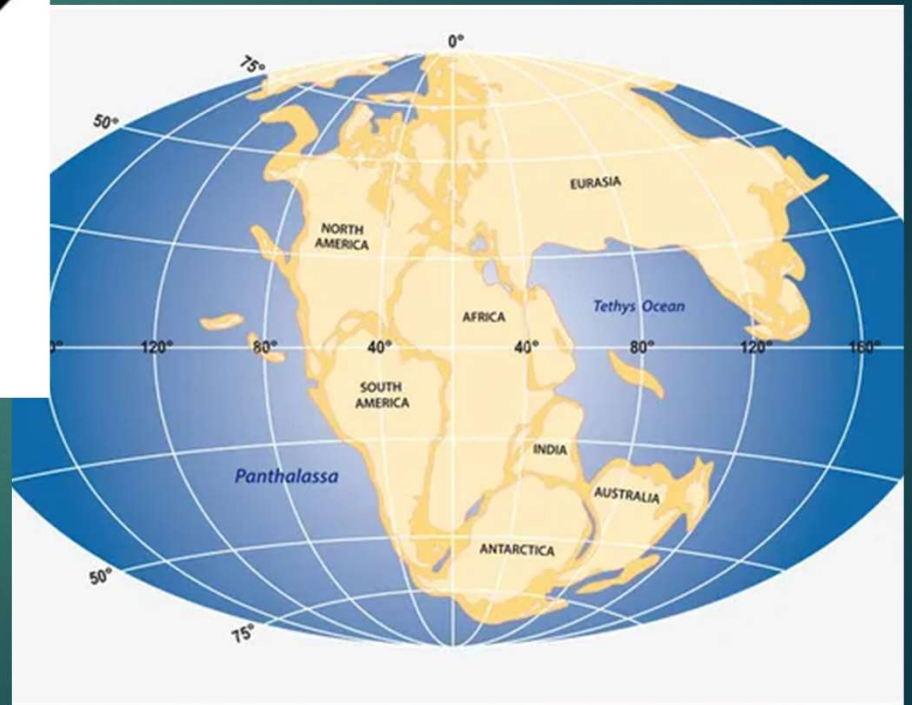
The Hero Heroine Archetype

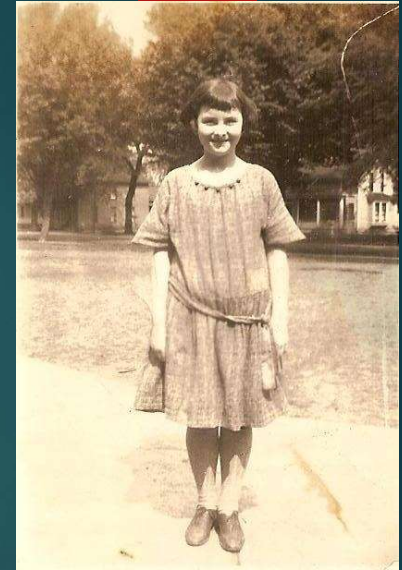
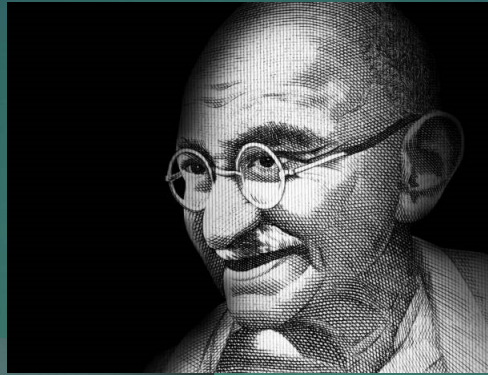
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World Map 230MYA





Archetypes

An Archetype is an energy pattern in the collective unconscious that conveys a given characteristic.

Children unconsciously choose one to organize their personality.

Consciously aligning with an archetype gives power to open the Self and allow insights from the collective unconscious. Heroes and heroines are archetypes.



Living in Front of an Archetype

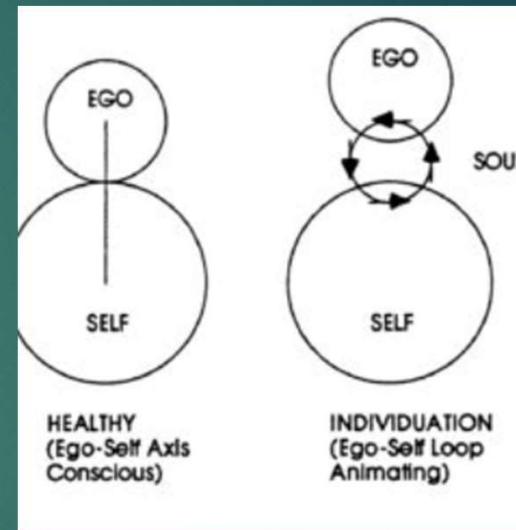
Children unconsciously choose one to organize their personality. Heroes, teachers, recluses, devas on the playground.

Archetypes activate a natural psychodynamic, an aperture to the personal and collective unconscious.





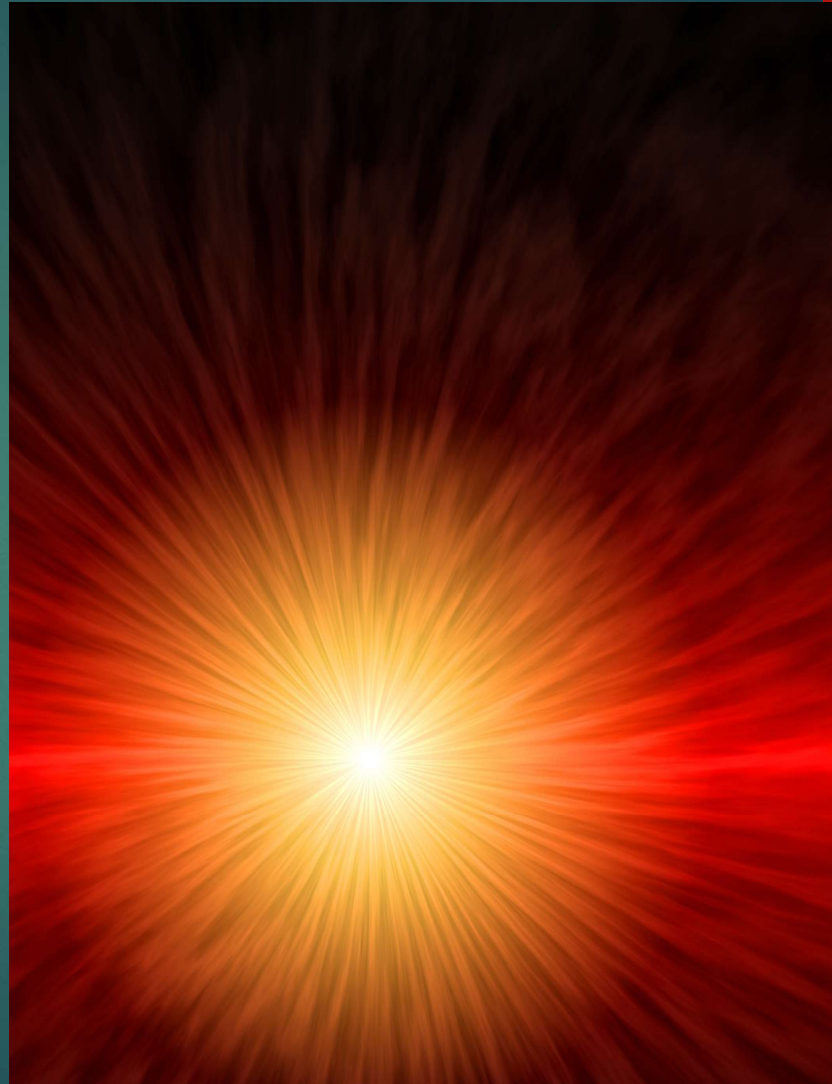
Ego-Self axis, archetype
allows the flow between
conscious and
unconscious, access to full
potential



Archetypal
Identification
What if a hero or
heroine is chosen?

-amplifies characteristic

-transforms
consciousness



What characteristic would you want to enhance to transform into a hero/heroine?



VUNERALBILITY



A full moon is visible in a dark, stormy sky. The moon is bright and detailed, showing craters and lunar features. The sky is filled with dark, swirling clouds, and a bright lightning bolt is visible on the left side. The overall mood is dramatic and intense.

RISK-TAKING-ABILITY TO FACE TESTS



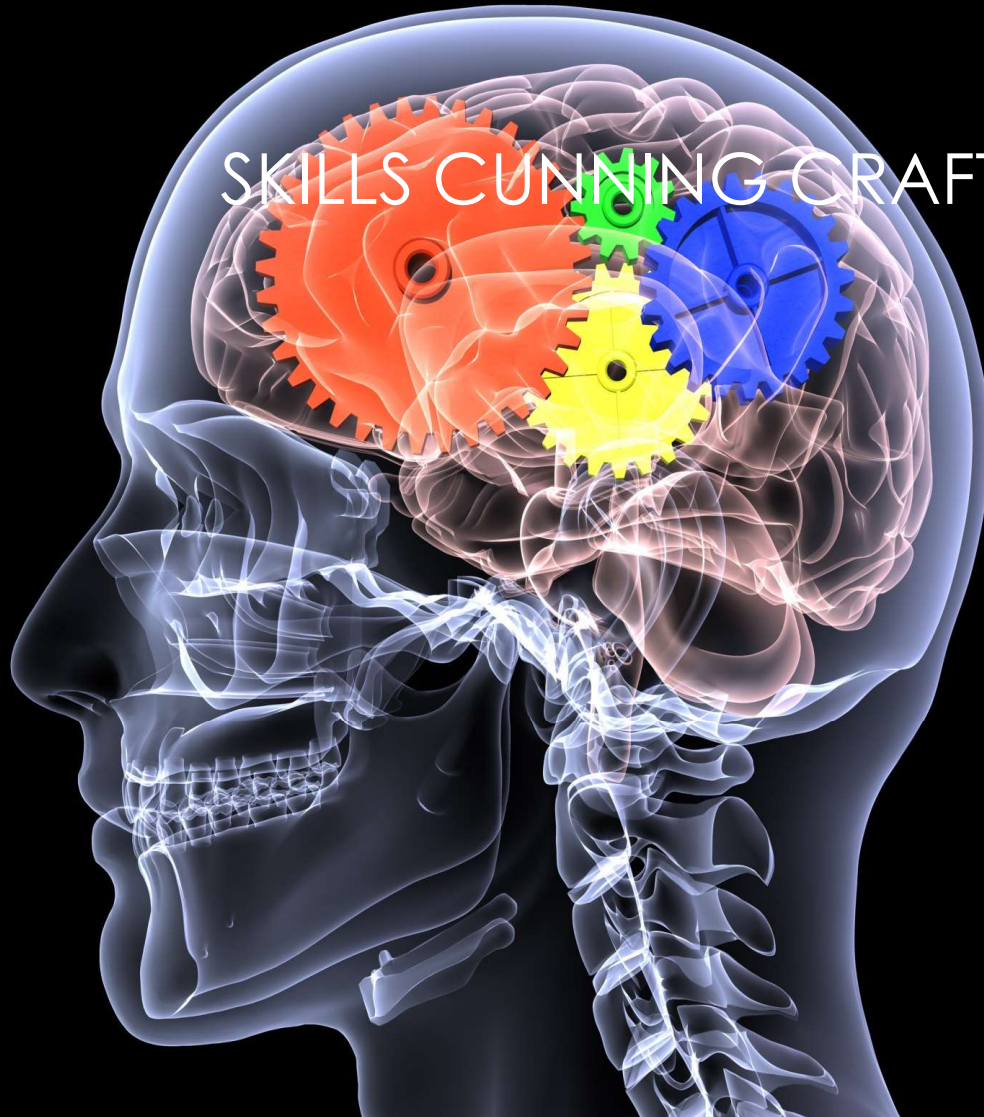


MORAL COMMITMENT
OR ALTRUISM

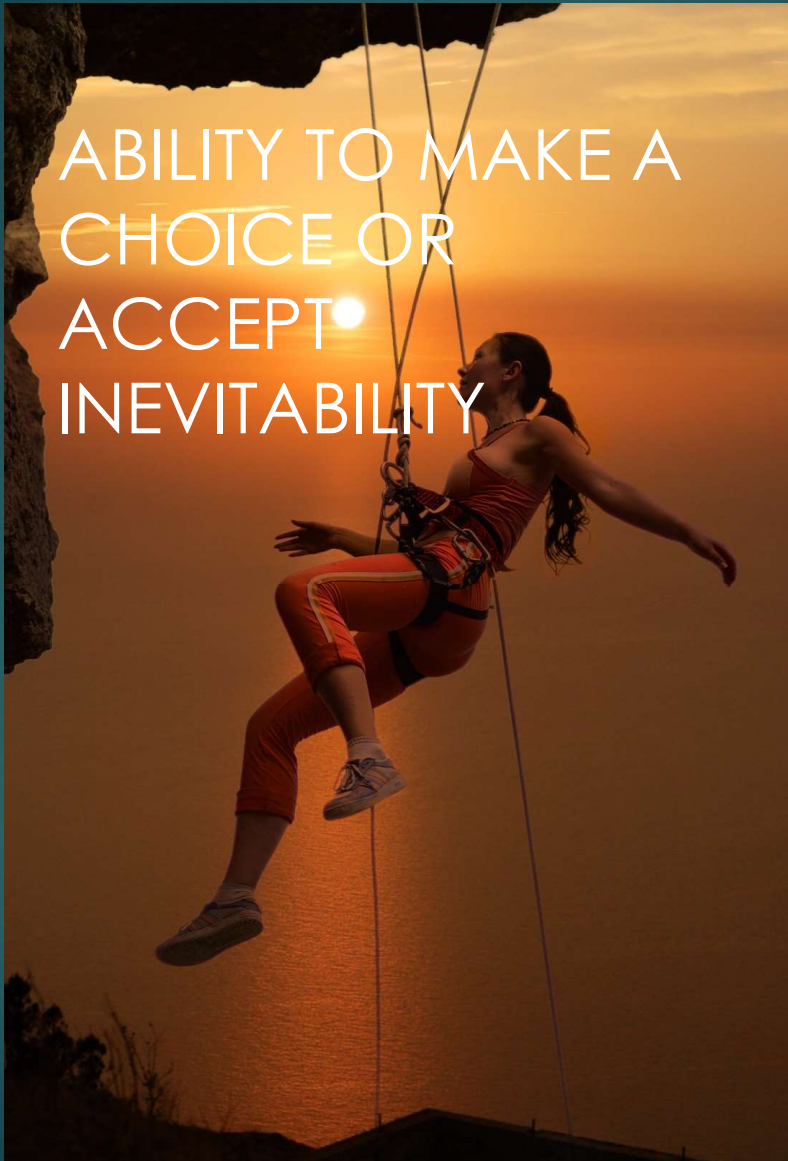
DESIRE TO HELP THE
COMMUNITY



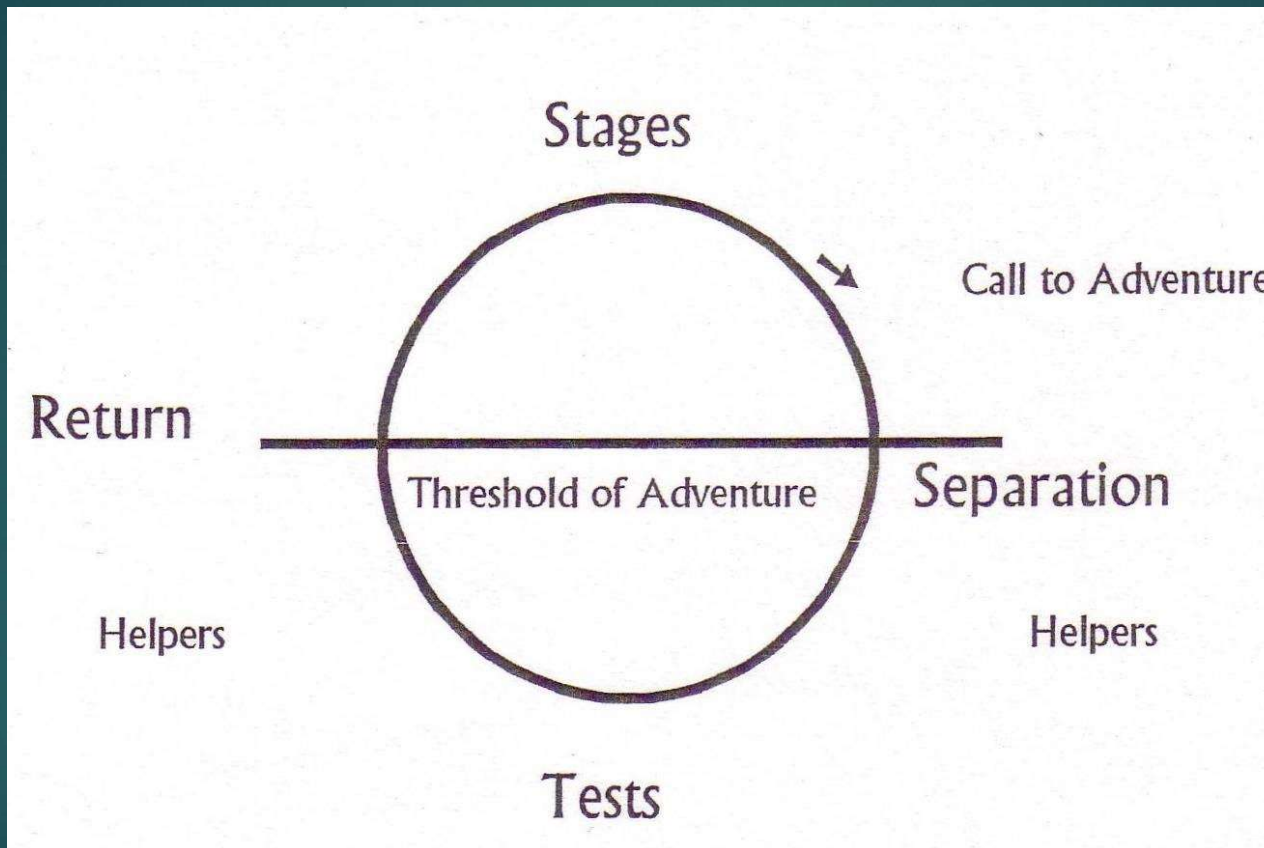
SKILLS CUNNING CRAFT

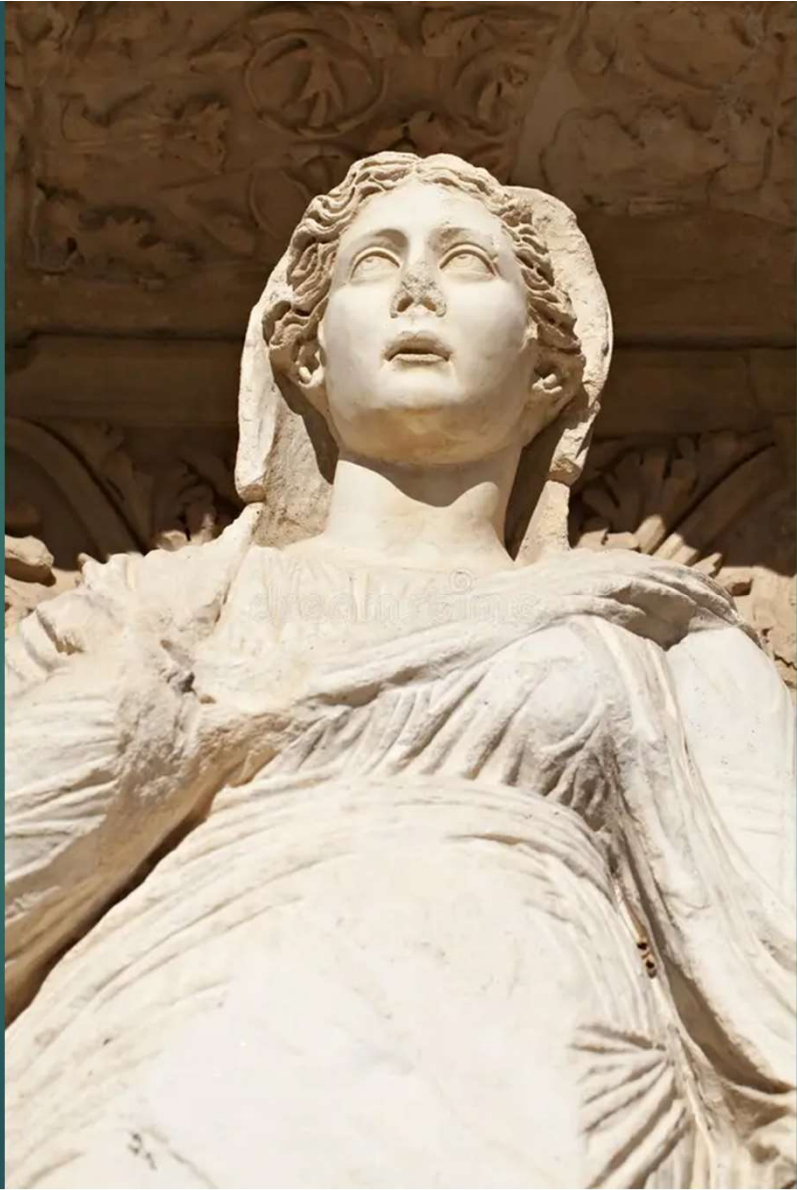


ABILITY TO MAKE A
CHOICE OR
ACCEPT
INEVITABILITY



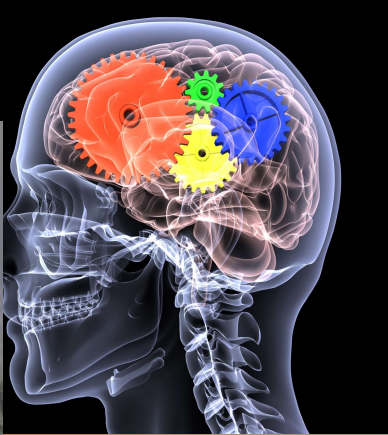
ABILITY TO ACCEPT HELP

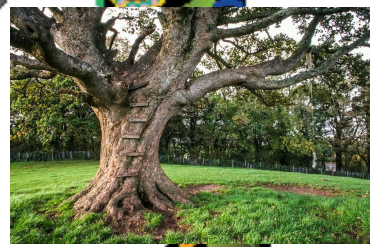
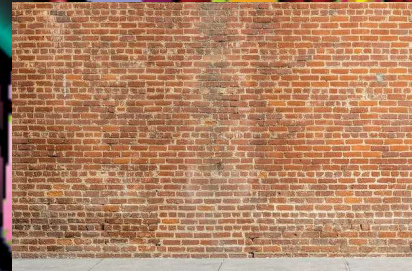




Wisdom

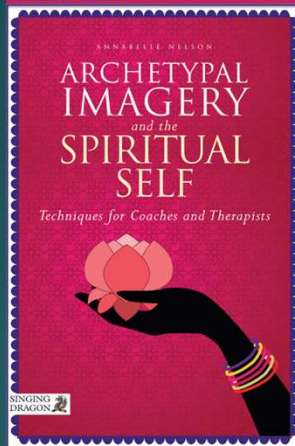
Wisdom is a function of deep insight into, and mature understanding of, the central existential issues of life, together with practical skill in responding to these issues in ways that enhance the deep wellbeing (Walsh 110).







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Kaviani, C. & Nelson, A. (2020) Smartphones and the sexual behaviour of Generation Z college men in the USA, *Sex Education*, DOI: [10.1080/14681811.2020.1790350](https://doi.org/10.1080/14681811.2020.1790350)

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